

**Your goal should be just out of reach,
“But not out of sight”.**

Denis Waitley and Remi Witt



WTSF Newsletter March 2016

Commonwealth Games News

- Interviews are taking place for Chef de Mission for the Wales Commonwealth Games team for the Gold Coast. An announcement is expected in the near future.
- Commonwealth Shooting Federation Championships 2017 are still being actively explored and will be held at the Belmont Ranges in Brisbane where the GC2018 shooting events take place.

Build of new facilities is reported on schedule



Belmont Range at Brisbane (Gold Coast)

TIME LINE on Commonwealth Games

Gold Coast Operational Timeline

- 2016
 - ❖ Gold Coast Selection standards agreed (on-going)
 - ❖ Sports nominate Performance lead/coach to work with CGCW office for Gold Coast
- 2017
 - ❖ Gold Coast athlete ‘qualification’ period starts January
 - ❖ Queens Baton Relay –September
 - ❖ Kit fitting end of September
 - ❖ Team Manager/Lead Coach training Gold Coast October/November
 - ❖ Nomination of athletes and team officials-by first week December
 - ❖ Selection Panel meeting second week December
 - ❖ NGB informed of selections
- 2018
 - ❖ Team announcements –(workshop with PR leads and ATOM)
 - ❖ Team Days
 - ❖ Team departs
 - ❖ Opening Ceremony April 4th

Transition to Durban 2022

- Glasgow 2014 was the last ‘free for all’ Games where countries could enter most events and numbers were ‘unlimited’
- Commonwealth Games is moving towards entry by performance ranking for Durban 2022
- Transition from now until 2022
- Gold Coast 2018 will see limits on overall team size. Team sports (already ranking only) Weightlifting and 7 Para-sports will have quotas
- Durban 2022 all sports, individual and team, will have quotas and selection will be on performance only. Athletes will win quota slots for their country
- CGCW will work with all sports to start the transition mind-set and preparation, starting today.

Performance Standards

- Transition to 2022 quota and limit on Team size plus desire from CGCW and sports to improve performance
- CGCW Board agreed to raise the nomination standard to Top 6
- CGCW will select all team officials –Sports nominate, CGCW selects
- Office will work with each sport in defining standard and how the move to quotas for 2022 will impact sports

British Shooting Target Sprint Event July 2016

As reported in the last newsletter, meetings with ELEY and British Shooting have been on-going.

<http://www.issf-sports.org/news.ashx?newsid=1951>

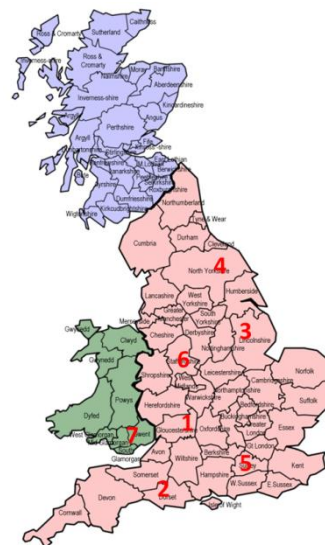
International rules for Target Sprint

http://www.issf-sports.org/getfile.aspx?mod=docf&pane=1&inst=290&file=ISSF Rules - ISSF Target Sprint - Edition_2016.pdf

All the provisional events and dates are:

(Please note as these are test events some are by invitation only)

1. **Cheltenham College, Glos** – Thursday 17th March
2. **Leweston School, Dorset** – Wednesday 27th April
3. **Lincoln Castle Academy** – Lincolnshire – Wednesday 18th May
4. **Dalby Forest, North Yorkshire** – Saturday 11th June
5. **Leisure Live, Surrey** – Saturday 9th July
6. **Rugeley Shooting Club, Staffordshire** – Saturday 16th July
7. **Cardiff** – Welsh Shooting Association – Saturday 30th July
Including October 2015 National Scout Championships Target Sprint finalists



National Final – Cardiff – Sunday 31st July

Insurance for international travel.

Important note to athlete's/coaches etc. travelling abroad.

During a recent training camp/competition one of our athletes was hospitalised.

- Just a note to the shooters who travel abroad, with circumstances that happened we cannot stress enough the importance of good travel insurance to cover all eventualities. The athlete was thankfully in possession of such a policy and the stay in a private hospital was covered by this.
- **If you are not already in possession of such a policy then please obtain one as soon as possible.**
- If not sure please contact your coach or team.manager@wtsf.org.uk

CSF (ED) 23-25th September 2016

Martin Watkins (Chair) has assembled a committee to oversee and manage the competition.

A CSF(ed) participation form has been sent out to all the European Commonwealth Countries and entries will be judged on the returns from the participating countries.

First meeting of the committee has taken place and the next meeting is planned for April which is after the participation replies have been received

Venues, CSF (ED) 23-25th September 2016

Fullbore.	Bisley (Welsh Open) 27-28 th Aug	10 mtr	Sport Wales National Centre
Shot Gun.	South Wales 2000	50mtr	Tondu Target Shooting Club

2016 World Cups/ European Championship/ Selections.

At end of February, Mike Bamsey competed for GBR at the air gun European Champs in Gyor. Hungary.

Results can be found at

<http://results.sius.com/Events.aspx?Championship=EuropeanChampionship10m20160222GyorHUN>

Ben Lewellin Men's Skeet and Sarah Wixey Women's Trap are competing for GBR at the World cup in Cyprus.

Shotgun training

February has been quite a busy month for our high performance shooters with Ben Llewelin assisting the European Federation to test the 2017 finals out in Larnaca, as well as attending a training camp in Malaga along with Georgina Roberts.

The Cyprus GP took place over last weekend with Mike Wixey and Georgina Roberts attending along with the 3 lucky winners of the academy prize of an assisted trip to the event, these being Maverick Sherman Marc Potts and Katie Cowell.

This will be followed by the ISSF world cup held at the same venue in Nicosia, Ben Llewelin representing GB in Skeet and Sarah Wixey in Trap. Best of luck to both in the competition,

March also sees the start of the home nation selection process with the first of the Olympic trap shoots in SW2000 on Sunday 27th March

Rifle and Pistol news

- The first 'Development' session took place in February at Tondy TSC ranges and was attended by 10 aspiring athletes mostly from Llandovery College. This was an initial assessment day from which coaches will be able to formulate a programme for the rest of the year. Once again, Tondy TSC is fully supportive of this venture and their continued input in this and the WSRA championships, is much appreciated and vital to the on-going success of all events. Rob Riddett, Robert Shawyer & Fred Brown will be running both on and off range activities from which we hope to identify future elite athletes; but we are currently at an early stage of talent identification.
- Details for the 50m ISSF Championship in June at Tondy are currently being finalised and entry forms will soon be available for circulation. This year the event will be held over two days with elimination on the Saturday and qualification and finals on the Sunday morning. The Welsh Confined Championships will be held in July as a separate stand-alone event.
- The SWNC 50m training range is now equipped with target lighting which will enhance and extend training sessions in poor light conditions. Remedial work is also on-going due to water ingress under the roller shutter doors since the floor was replaced. GBAP continue to book and use the facility as well as the 10m air range. Rio Paralympic hopeful Owen Burke spent a 3 day training camp with us benefitting from both of the facilities and coaching from Rob Riddett, Dave Phelps and John Dallimore. We have offered him continued access and help if needed in the lead in to the Rio Games.
- The 10m range is in constant and almost daily use by starter groups, GB level students studying in Cardiff along with Cardiff University RC who, due to the temporary closure of the Cardiff Rifle Club range, are using the facility for prone rifle training with Airarms rifles. Their cartridge activities are limited to one session a week at Penarth RC range.
- The Cartridge season has started with ISAS Dortmund and was attended by Sian Corish. Sadly she contracted an illness days before travelling and this affected her performance in both matches. The Junior ISAS competition takes place over the weekend of 18th – 20th March. Development athletes Richie Lay and Jesse Frost are competing as part of a British Schools Team organised by Tom Rylands of Ellesmere College.
- Entries are coming in rapidly for the Torfaen Rifle Club match in April. This prestigious event attracts athletes from all over the country and like all of our competitions in Wales these days, is fully electronic

Fullbore

With the fullbore outdoor season starting, we have a Development weekend over the weekend 19/20th March. This involved the experienced athletes and coaches working with the development squad. Classroom a.m. and range work p.m. Short and long range, "fog permitting", (last Saturday morning Bisley was fogged off!)

Disability matters.

Update from Matt Goodwin with latest re Para Clay/IPC shooting:
Initial details of the 2016 ISSF/IPC Para-clay International Grand Prix have been released. It appears on the ISSF calendar, 28th - 30th October Battuda, Italy. New Para-Clay classifications and rules are scheduled to be released in May, with the event at Battuda being used to test them.

Owen Burke Porthmadog has been training at the Cardiff High performance 50m range, preparing for possible selection for the GB Paralympic team that is shortly due for selection.

Judges Corner.

In March, WTSF hosted an ISSF Rifle Judges course at SWNC run by ISSF committee members David Goodfellow and our own Paul Gumn, <http://www.issf-sports.org/competitions/venue.ashx?cshipid=2361> this course proved popular and was oversubscribed with a total of 18 students from the UK and Poland. All passed the course.

It is hoped to run an ISSF EST course later this year, once dates are confirmed, it will be advertised.

Paul has been appointed as a Sport Specific Volunteer for the shooting events At the Olympic Games in Rio de Janeiro. He will be assisting the CRO in the Finals Hall. Having been given the responsibility of CRO Finals in London 2012, he should feel at home there.

Wm. John Dallimore.

WTSF  Performance Director

Chris Hockley returned from the USA this week and shared his experiences in the morning session, with the development squad along with wind reading and plotting.

Future dates: next full training weekend 16/17 April
Home Countries International 14/15th May



Successful students that attended the ISSF Rifle Judges course.

