

**When you feel like *quitting*  
Think about why you *started***

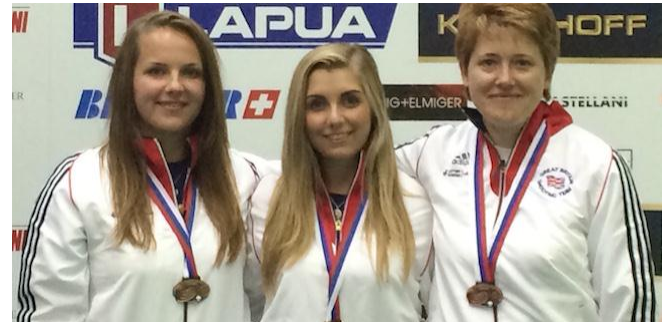


**A busy, busy, busy period**

Over the last few weeks all sections/associations of the WTSF have been busy.

**European Championships Maribor Slovenia 21<sup>st</sup> - 30<sup>th</sup> July**

There were two Welsh athletes competing for GBR at Maribor, Elena Allen in Women's Skeet equal 4<sup>th</sup> in qualification winning bronze medal in the Team event [http://britishshooting.org.uk/news/title=Skeet\\_Team\\_Bronze\\_in\\_Maribor&d=1079](http://britishshooting.org.uk/news/title=Skeet_Team_Bronze_in_Maribor&d=1079) and Mike Bamsey GB's only selection in the 3x40 event, Sarah Wixey declined selection, the full results can be found at: <http://results.sius.com/Events.aspx?Championship=EuropeanChampionship2550300mShotgun20150718MariborSLO>



**GB team winning team medal at Europeans**

**Shot Gun World Championship selections Lonato Italy**

- GBR Team selection has been delayed, Elena Allen and Sarah Wixey are in strong position for selection
- Ben Llewellyn Skeet and Jon Davies Trap may miss out on selection.

You can follow results at <http://www.issf-sports.org/competitions/venue.ashx?cshipid=1700>

WCTSA held final selection shoots for the Home International's

- The Olympic Trap Home International is in Ireland, Wales team is made up of 9 seniors which this year includes 4 new caps Maverick Sherman, Mark Potts, Rob Frampton and Emyr Davies. 2 Veterans inc 1 new cap Geoff Seaborne, 2 Super Vets 1 new cap Anthony Evans (wheelchair athlete), 2 ladies inc. new cap Katie Cowell and 2 juniors both Georgina Roberts and Morgan Havard being new caps.
- ABT is in Bisley and teams are made up of 12 seniors, 3 veterans, 2 Super veterans, 2 ladies and 1 junior

**Shotgun training**

*This summer, we are seeing several training days for the WTSF development squad. This is set up to nurture the young talent that we are lucky to have in Wales. With several other days including warm weather training camps abroad, these young athletes will be exposed to similar training as that of the high performance squads. This has been a great success and the young athletes are showing their progress by being in a number of prize lists the emails I received from all the athletes thanking the WTSF were greatly appreciated.*

- During May/July there has been several Welsh development training days held at both SW2000 & Griffin Lloyd.

**Development training at new Ground at Griffin Lloyd**



## **2015 World Cup Selections. (To date)**

Results can be found at <http://www.issf-sports.org/competitions.ashx>

### **Elena Allen Women's skeet**

Cyprus. April,  
European Games June  
European Champs July  
Gabala AZB August

### **Sarah Wixey Women's Trap**

Gabala AZB August

### **Coral Kennerley Women's 10m air & 25mP**

Fort Benning USA. May  
Munich May

### **Mike Bamsey Men's air rifle 3x40 & prone**

Fort Benning USA. May  
Munich May  
European 50m Champs July

### **Paul Gumn**

For the World Cup in Gabala Azerbaijan has been appointed to the "Jury of Appeal". He will be covering all the Rifle/Pistol/Shotgun events.

Mid July, WRA had the Imperial meeting at Bisley with Welsh athletes competing against over a thousand other competitors from around the World.

Gaz Morris now resident in New Zealand North Island returned and made top five in the Imperial weekly aggregate. Chris Watson won the Duke of Cambridge trophy and Henrick Golaszewski just missing out by one "V" in the second stage of the prestigious Queens Prize.

Early August, The Great Britain International team are currently in Camp Perry Ohio competing for the Palma trophy (World Championship). Along with the PALMA Trophy Team Match contested will be the World Long Range Rifle Individual Championships. Richard Jeens (Our current World Champion) is unable to attend due to business commitments,

We (Wales) are ably represented with two representatives in the senior team in Camp Perry Ohio. Chris Watson and Ed Jeens.

We also have in the "Great Britain under 25" team captain: Chloe Evans and also as team member Theo Dodds.

## **History of the PALMA Trophy Match**

*The first PALMA Trophy Match was held on September 13-14, 1876 at Creedmoor Range, Long Island, New York, USA. Participants were Australia, Canada, Ireland, Scotland, and the United States. The United States won this competition. Since then, 27 official competitions have been held, plus three unofficial competitions. The United States has won 13 of the 27 competitions.*

*Countries that have participated through the years but not necessarily in every match are: Argentina, Australia, Canada, Channel Islands, Continental Europe, East and Central Africa, France, Great Britain, Ireland, Kenya, Natal, New Zealand, Norway, Peru, Rhodesia/Zimbabwe, Scotland, South Africa, Sweden, West Germany, West Indies and the United States. Additionally, Cuba participated in one of the unofficial PALMA Matches.*

*Ranges that the matches have been conducted at are: Anzac (Australia), Bisley Camp (England), Bloemfontein (South Africa), Camp Perry (USA) Connaught (Canada), Rockcliffe (Canada) Sea Girt (USA), Seddon Range (New Zealand) Whittington Centre (USA).*

## **Fullbore Development news**

WTSF Development grant provides the WRA with the opportunity to capture and improve juniors in particular and some other new mature shooters that have been identified with a programme before the end of March 2016. The junior development squad have been vital to the recent success in the Imperial, coming 3rd in the three major team matches against not only the other Home countries but also teams from Australia, Canada and the Channel Isles.

### **Talent Identification:**

There is commitment to further training and development weekend/s at Bisley in late September or early October. These weekends provided a mix of practical experience on the range and theory in the classroom. Specialist sessions would cover wind reading and self-coaching and also team shooting, all delivered by Great Britain Palma Team members.

**Rifle and Pistol news**



**Dyfed Powys Police praise success of local rifle and pistol club**

The recent success of the Carmarthen Pistol and Rifle Club in a national competition has been praised by Dyfed Powys Police during an awards presentation event held at Police Headquarters.

Chief Superintendent Pam Kelly presented awards to the team members following their success in the Eley Target postal competition

Speaking at the event Chief Supt Kelly said, "It is a privilege to present these awards to such a skilled and talented group of people. It takes hard work and training to become an expert in this sport. Well done to you all. We are proud to support clubs and events that encourage responsible ownership and use of firearms."

Team coach John Kelman added, "We are very proud of the teams achievements over the last few months and it is testament to the hard work and perseverance of the young people in club to get through to the final and to be the highest scoring young person in the categories."

**Welsh 50 m Championships** Tondu 18<sup>th</sup> & 19<sup>th</sup> July



*Tondu Full Firing point*



*Electronic Targets*



*Rob Warnes Technical officer*

*Photo's Rob Riddett*

Tondu unveiled their new 50m Electronic targets and prepared the range in a first class manner

Mike Bamsey won the 3x40 qualification and won the Gold in the final after a tie shoot for first place of the Welsh Championship,

Sian Corish Won the 3x20 event by one point from Sharon Hill (Eng), Sian was also third in the Final of the mixed Prone. With David Phelps the Senior Welsh Champion and Jessie Frost the Junior Welsh Champion.



*Mike Bamsey*



*Sian Corish*



*Jessie Frost*



*David Phelps*

### **News from GB Colleges**

We must congratulate **Jessie Frost** representing Merthyr Tydfil College achieved second place in all Colleges throughout Great Britain as the Sports performer of the year

- Demonstration of achievement on a national or international level in their chosen sport
- Evidence of how this individual has made a significant contribution back into the college
- How this individual is a role model for other students and has encouraged others to take part in sport



*Jessie Frost.*

### **Latest on Commonwealth Games**

- A CGF meeting in September in Auckland will provide more information on probable Quota places for some Sports with the likelihood of Quotas for all sports by 2022.
- New Nomination Criteria has been formulated by the WTSF Board and presented to the Welsh Commonwealth Games selection committee and planned for publication by November 2015.

### **Disability matters.**

This year's "Wheelchair Spectacular", will take place at Cyncoed NIAC Cardiff on the 11th and 12th September, from 10am-4pm.

In the last few years with help from the WAA and WSRA, the WTSF put on laser rifle events and there were in excess of 550 people attending the event. Any available help on one or both days will be appreciated.

### **Anti Doping**

Rob Warnes is now our WTSF Anti-Doping 100%me officer assisted by John Dallimore  
Latest 2015 Anti-doping information can be found:

- <http://www.wtsf.org.uk/hp.html>
- [http://britishshooting.org.uk/news/title=Anti-Doping\\_Policy\\_2015&d=1013](http://britishshooting.org.uk/news/title=Anti-Doping_Policy_2015&d=1013)



No prizes for recognising this left handed Skeet shooter.  
Clue "American"

Wm. John Dallimore.

WTSF  Performance Director

