



# 322 days to the Commonwealth Games



<http://www.glasgow2014.com/>

Less than eleven Months to the Opening Ceremony



**A goal without a plan is just a wish**

**“Wow”** Lima Peru! World Shotgun Championships

We have five Welsh athletes representing GBR at the “Worlds”

## **World Championship Shotgun Selections, Lima. 14<sup>th</sup>-25<sup>th</sup> Sept**

<http://www.issf-sports.org/calendar/championship.ashx?cshipid=1320>

Elena Allen-W Skeet, Sarah Wixey-W Trap, Katie Cowell-J.W Trap, Ben Llewellyn-J.M Skeet and Malcolm Allen-M. Skeet

(Report to WCTSA from Jon Davies WTSF director)

“Great news yet again, following the inclusion of Juniors Ben Llewellyn JM O Skeet, and Katie Cowell JW O Trap in the European championships that took place in Suhl Germany last month, they have both also secured their places for the World Championships to be held in Lima Peru next month! They will be joined by three other Welsh athletes who make up team GB Malcolm and two “Olympians” Elena Allen for women’s Skeet and Sarah Wixey for women’s Trap and to my knowledge this is the largest contingent in history of Welsh athletes to represent Great Britain at the World championships in one go, and for such a small country to have this much representation is a big deal for us. I for one wish them every success & hope they shoot well”

## **CSF(ED) Isle of Man 19<sup>th</sup> 23<sup>rd</sup> September**



Rifle, Pistol and Shotgun at IoM and the Full-bore CSF(ED) events at Bisley.20th-23<sup>rd</sup> We have at the IoM a team of 33 athletes, 8 rifle, 8 pistol, 11 Shotgun and 6 at Bisley.

## **Welsh Airgun championships SWNC Cardiff 1<sup>ST</sup> – 3<sup>RD</sup> November**

Entries are filling up fast and I believe that some squads are full. Please contact **Karen** regarding availability. The 2013 Welsh Airgun Open Championships in the Main Hall at the SWNC in Cardiff. The entry form and booklet available from the [Welsh Open](#) page.



## **Recent competition results**

### **Full-bore**

*Great Britain Full bore Tour of Canada 13<sup>th</sup>-25th Aug*

Welsh Team members:- Alastair Haley, Henryk Golaszewski, Steph Bronwyn Ward, Chris Hockley and Richard Jeens as the team Adjutant (Richard is the current World Full-bore Champion).

On Saturday 25 August Welsh target rifle shooter Henryk Golaszewski won the prestigious Governor General's Prize in Canada. Triumphant over a field of over 200 top marksmen and women, Henryk achieved a perfect score of 300 out of 300 in challenging conditions in Connaught range in Ottawa.

The final of the Governor General's Prize is the top annual fullbore completion in Canada and is shot at 800 and 900 metres with competitors attempting to hit a 24-inch bullseye. Fickle conditions on Saturday meant the marksmen regularly had to adjust their sights up to six feet left or right to compensate for changes in wind strength and direction. Belying his youth, Henryk mastered all these



changes to beat the field by a clear 3 points and become the first Welshman to win the top Canadian target rifle prize in living memory.

Henryk's individual success was the crowning glory of a hugely successful Great Britain tour. The 20-strong Great Britain team, which included 5 Welsh shooters, won all their matches against Canadian and US opposition. With his individual success and GB experience, Henryk can look forward to the Commonwealth Games in Glasgow in 2014 or Gold Coast in 2018 with renewed confidence.

Henryk started shooting smallbore and fullbore at age of 14 as an air cadet in the 1344 Cardiff squadron. Since then he has shot for GB under 25 (2010 and 2011), on tour in Canada with the GB Athlings (2006), the Channel Isles (2007, 2012) and (2009) with Wales.

He entered his first NRA Imperial meeting in 2003 and won the young Riflemen's Aggregate in 2004, was a reserve for the 2010 Commonwealth games.

In 2011, Henryk graduated from University of Glamorgan with a BSc(hons) in Aircraft maintenance Engineering, he currently works for British Airways Maintenance Cardiff as an Aircraft Mechanic on the Boeing 777 fleet. In his spare time Henryk is a pilot officer RAF Volunteer Reserve at 1344 (Cardiff) sqn ATC and is a well-respected coach for the Cadet Rifle team winning National Honours.

### **Welsh Fullbore Championship Bisley 24/27<sup>th</sup> Aug**

*Good weekend at Bisley, with good wind conditions. Gaz Morris and Chris Watson both shot G2014 MCS's: Gaz Morris 403 and Chris Watson 399*

### **Smallbore rifle**

Jamie Dummer is the NSRA Bisley Welsh Champion having made 12<sup>th</sup> place in the Roberts final and thus the highest scoring Welshman in the British Championships in August. In the Home Countries International Match, Wales came third. The team shot well but the numbers attending the event and lack of younger athletes wanting to shoot or able to afford the Aggregate and thus be eligible for selection is starting to impact on our pool of shooters for selection. However, over 40 Welsh competitors took part in the event and it is hoped that the development squad will improve future performances.

### **Welsh 50m champs 2013 at Tondur.**

First time held on electronic targets. Dave Phelps overall Champion, Jenny Corish runner up and also ladies Champion. Junior Champion 2013 Ryan Williams Dave and Jenny both shot CG MCS in both matches. Comp was well attended and drew athletes from as far away as Jersey to compete.

### **Regional match Bisley**

Richie Lay and Ryan Williams won the 3x40 team event. (and also 500 rds each of ELEY Tenex :)

### **New Initiative**

to attract and develop new talent for future .22 rifle squads starts on 14/15<sup>th</sup> Sept hosted by Tondur TSC ranges. Idea is to open the sessions to those with a reasonable skill level who are looking for international representation and juniors who currently have little developmental training. The weekends will also be used to increase the skill base of current club instructors and coaches to broaden both the number of coaching staff available in club and at national level as well as increasing individual involvement in Wales. Following a successful grant application by WSRA, two new part funded Megalinks are on order dedicated solely for use on these weekends but will also be available for championship events. Contact Rob Riddett if you want to be actively involved either as coach / instructor, organiser or athlete.

## **Junior International. Bisley**

What can I say another excellent result for Welsh Juniors representing GBR at Bisley.

### **The Pistol Events**

There were nine Gold medals up for competition and Welsh Juniors won eight Gold and one silver, Great result and well done.



### **Rifle Review.**

Welsh juniors represented the GB team in nearly all of the rifle events. Medals were hard to come by against strong teams from the USA, South Africa and Germany amongst others but some strong performances were rewarded with the juniors consistently making finals. The final medal tally was 1 gold, 1 silver, 3 bronzes and 2 agonising 4<sup>th</sup> places.

## **Shotgun**

### **European Championship Shotgun Suhl 28<sup>th</sup> July-8<sup>th</sup> Aug**

<http://www.issf-sports.org/calendar/championship.ashx?cshpid=1361>

*Elena Allen W Skeet, Katie Cowell J.W Trap, Ben Llewellyn J.M Skeet and Mal Allen M. Skeet  
Elena was a member of the silver medal winning tea and one clay off making the individual final.  
Congratulations also to Ben, only one clay off making final and Katie for making the team.*

## **Technical Officials**

### **Appointments of National Technical Officials for Glasgow 2014 have been announced.**

Two qualified officials from Wales have been appointed to officiate at the Shooting Events at Barry Buddon. Paul Gumn has been appointed Chief Range Officer for Rifle and Pistol Finals, the same post he held at London 2012. As part of his preparation for this, he has also been appointed to the Classification Jury at The World Cup Final, 2013, to be held in Munich in November. In order to broaden his adjudication skills he will also be attending a Shotgun Jury Course in November. So far during 2013, he has been appointed Chairman of the Jury at ISCH, Germany, Classification Jury and Jury of Appeal at the IPC World Cup, Turkey and Chief Range Officer at the IPC World Cup, Stoke Mandeville.

The second member appointed to Glasgow 2014 is Rob Warnes, who has been appointed as Classification Officer Rifle on the 10m and 50m Ranges. Rob gained exceptionally high marks on the ISSF Rifle and EST courses and we can expect to see him appointed to more International Shooting Events in the future.

### **Fixtures to watch out for:**

- *World Championship Shotgun Selections, Lima. 14<sup>th</sup>-25<sup>th</sup> Sept*
- *CSF(ED) Isle of Man 19<sup>th</sup> 23<sup>rd</sup> Sept and Full-bore CSF(ED) at Bisley.20<sup>th</sup>-22<sup>nd</sup> Sept*
- *Welsh Open Airgun Champs SWNC Cardiff Nov 1st -3<sup>rd</sup>*
- *Commonwealth Games Glasgow 2014 <http://www.glasgow2014.com/>*

## Important Dates



**October 12<sup>th</sup>** we have organised **mandatory!** Kit measuring, accreditation photos and drug information sessions for G2014.

**November 4<sup>th</sup>** Close of Nomination period for CG 2014

## Upcoming squad weekends / selection shoots / training camps / etc

### Shotgun

Squad days are being organised by (Richard Stepney assisted by Jon Davies) at SW2000 at other various grounds around GB working with the best GB coaches where necessary. Training pre Peru will be 9th at SW2000 and at 15th Griffin Lloyd which includes pre CSF(ED) training with skeet to be also arranged

### Rifle and Pistol comps,

(Rob Riddett and Steve Pengelly) at NSC Bisley over the next few weeks, BPC with Camps monthly in Cardiff and/or Bridgend. Next Camps 7/8<sup>th</sup> Sept, 12/13<sup>th</sup> Oct and 9/10<sup>th</sup> November

Wales v Police Bridgend 5<sup>th</sup> – 6<sup>th</sup> October

Airgun Champs in Cardiff Nov 1<sup>st</sup> - Nov 3<sup>rd</sup>

### Full-bore,

(Martin Watkins) holding CG trials and training camps in conjunction with various shoot's at Bisley eg. Bisley CSF(ED) 21/22nd September

## Team Manager Update



We have regular contact with Chris Jenkins, Brian Davies Chef de Mission and team manager and also Peter Underhill manager of the shooting facilities in Dundee

Graham Anderson, Physio/General Manager has been appointed to the shooting team. Graham is a physio with the Lawn Tennis Association. We are waiting to confirm other Sports Science support at Dundee.

Both SWNC ranges (50mtr and 10mtr) are regularly used with outside countries wanting to use them. Zeus Commonwealth Data system will go live over the next few weeks with the long list athletes and Coaches.

## Ticketing for Glasgow



There has been a tremendous uptake of tickets for the shooting events in Barry Buddon, the order (Closing date was 20<sup>th</sup> July) amounted to 192 pre ordered tickets. We have only been granted 30% of our applications. Advice is to apply <http://www.glasgow2014.com/tickets/> through the public ballot. The application period will close on 16 September and **please note** latest Official news from Glasgow regarding current requests is “that tickets for shooting are **extremely popular**”. Video on ticketing

[http://www.youtube.com/watch?list=PLX135UCtCUMb2xL7\\_IH\\_1zXNC5XxJkw2U&feature=share&v=iO2NOaGVmrQ&desktop\\_uri=%2Fwatch%3Fv%3DiO2NOaGVmrQ%26feature%3Dshare%26list%3DPLX135UCtCUMb2xL7\\_IH\\_1zXNC5XxJkw2U&nomobile=1](http://www.youtube.com/watch?list=PLX135UCtCUMb2xL7_IH_1zXNC5XxJkw2U&feature=share&v=iO2NOaGVmrQ&desktop_uri=%2Fwatch%3Fv%3DiO2NOaGVmrQ%26feature%3Dshare%26list%3DPLX135UCtCUMb2xL7_IH_1zXNC5XxJkw2U&nomobile=1)

## Looking to the Future

- *September Two shotgun juniors selected for the World Shotgun Championships in Lima Peru,*
- *New developments planned by British Shooting possible academy between Home Countries and World Class podium.*

## Grass Root Development

*Late August Conference in Cardiff led by Steven Seligmann, "British Shooting Development Officer"  
Object of meeting is to look at shooting development from grass roots to World class development in Wales and across the UK and implement a GB wide system.  
WTSF are carrying out audit for Welsh shooting led by Paul Gumn.*

## Please Remember

*We have identified that Nutrition is a major input into shooting performance. Tom Meynard Sport Wales Sports Nutritionist is now working closely with the WTSF and is available for any advice on nutrition, Toms contact details is available through your section coach or myself.*



## Games Update

Click [here](#) to view the WTSF nomination criteria

Minimum consideration scores below – qualification period ends on **4<sup>th</sup> November 2013**

<b>Clay Target</b>			
Men's skeet	117/120 x 125	Women's skeet	68 x 75
Men's trap	117/120 x 125	Women's trap	68 x 75
Men's double trap	137 x 150	Women's double trap	81 x 100
<b>ISSF Rifle and Pistol</b>			
Men's prone	592 x 600	Women's prone	588 x 600
Men's 3 x 40	1141 x 1200	Women's 3 x 20	570 x 600
Men's air rifle	589 x 600	Women's air rifle	392 x 400
Men's Air pistol	574 x 600	Women's air pistol	376 x 400
Men's 25m rapid fire	565 x 600	Women's 25m pistol	569 x 600
Men's 50m pistol	543 x 600		
<b>Full bore rifle (open)</b>			
Open	399 x 405	Pairs	590 x 600

**Please remember that the above criteria should not be seen as a right of nomination or support. It should be seen as a minimum prerequisite, and should have been demonstrated on numerous occasions, and under varied conditions of climate and competition pressure.**

*Keep shooting well and hope to see you soon.*

**John**

*Wm. John Dallimore.*



WTSF Performance Director



WCGF Team manager Shooting G2014

