



WTSF Newsletter December 2015

Latest on Commonwealth Games

Gold Coast Operational Timeline

- 2016
 - ❖ Gold Coast Selection standards agreed
 - ❖ Sports nominate Performance lead/coach to work with CGCW office for Gold Coast



Belmont Range at Brisbane (Gold Coast)

- 2017
 - ❖ Gold Coast athlete 'qualification' period starts January
 - ❖ Queens Baton Relay –September
 - ❖ Kit fitting end of September
 - ❖ Team Manager/Lead Coach training Gold Coast October/November
 - ❖ Nomination of athletes and team officials- by first week December
 - ❖ Selection Panel meeting second week December
 - ❖ NGB informed of selections
- 2018
 - ❖ Team announcements –(workshop with PR leads and ATOM)
 - ❖ Team Days
 - ❖ Team departs
 - ❖ Opening Ceremony April 4th

Transition to Durban 2022

- Glasgow 2014 was the last 'free for all' Games where countries could enter most events and numbers were 'unlimited'
- Commonwealth Games is moving towards entry by performance ranking by Durban 2022
- Transition from now until 2022
- Gold Coast 2018 will see limits on overall team size. Team sports (already ranking only) Weightlifting and 7 Para-sports will have quotas
- Durban 2022 all sports, individual and team, will have quotas and selection will be on performance only. Athletes will win quota slots for their country
- CGCW will work with all sports to start the transition -mind-set and preparation, starting today.

Performance Standards

- Transition to 2022 quota and limit on Team size plus desire from CGCW and sports to improve performance
- CGCW Board agreed to raise the nomination standard to Top 6
- CGCW will select all team officials –Sports nominate, CGCW selects
- Office will work with each sport in defining standard and how the move to quotas for 2022 will impact sports

NEW Section

Judges Corner.

In November, WTSF hosted an ISSF Pistol Judging course at SWNC run by ISSF committee members David Goodfellow and Paul Gumn, pleased to say all Welsh attendees passed the course, they are:

ISSF "B" International Judge

- Alan Green
- Steve Pengelly

British Shooting "C" National Judge

- Carolyn Passey
- Robert Shawyer

- Paul has just returned from Bangladesh, having been presenting ISSF Judges Courses in both Rifle and Pistol. In January, he will be heading off back to that part of the world, having been appointed as Chairman of the Rifle Jury at the Asia Olympic Qualifying Competition for Shooting to be held in Delhi.
- In March 2016 there will be an ISSF Rifle Judges Course held in Cardiff, arranged by the WTSF. There are already a number of overseas candidates wishing to attend this course.
- Paul Gumn and John Dallimore are now IPC Licenced Shooting A Judges
- Sian Corish is now a IPC Shooting National Classifier

WTSF/British Shooting Target Sprint Event July 2016

As reported in the last newsletter, meetings with ELEY and British Shooting these are on-going. Next meeting is planned for Mid-December.

<http://www.issf-sports.org/news.ashx?newsid=1951>

International rules for Target Sprint

<http://www.issf-sports.org/getfile.aspx?mod=docf&pane=1&inst=290&file=ISSF Rules - ISSF Target Sprint - Edition 2016.pdf>

CSF (ED)

Martin Watkins (Chair) has assembled a committee to oversee and manage the competition they are:

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|---------------------------------------|---------------------------------|
| ❖ Martin Watkins Chair | ❖ Paul Gray Fullbore |
| ❖ Paul Donovan Finance | ❖ Alan Green Air gun |
| ❖ Paul Gumn Judges and admin | ❖ Angie Oliver Shotgun |
| ❖ John Dallimore Performance Director | ❖ Lyn Pritchard Smallbore Rifle |

2015 World Cup Selections.

Results can be found at <http://www.issf-sports.org/competitions.ashx>

Elena Allen Women's skeet

Cyprus.	April,
European Games	June
European Champs	July
Gabala AZB	August
World Champs Lonato	Sept

Sarah Wixey Women's Trap

Gabala AZB	August
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Ben Llewellyn Mens skeet

World Champs Lonato	Sept
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Coral Kennerley Women's 10m air & 25mP

Fort Benning USA.	May
Munich	May

Mike Bamsey Men's air rifle 3x40 & prone

Fort Benning USA.	May
Munich	May
European 50m Champs	July

Paul Gumn

For the World Cup in Gabala Azerbaijan was appointed to the "Jury of Appeal". He was covering all the Rifle/Pistol/Shotgun events.

Shotgun training

December is usually a quiet month for shotgun but the WTFSF (Shotgun) Academy has been hard at it with two training days at Griffin Lloyd. Classroom sessions included an informative talk regarding breathing techniques from bio feedback expert Mike Gross and presentation by Sarah and Richard about hydration nutrition and banned substances in sport.

There have also been sessions on positive mental attitude and concentration. Each and every member of the Academy is showing marked improvements and just goes to show that the Academy System within the WTFSF is working well.

Towards the end of November there was the inaugural Skeet GP held in Malaga. Ben Llewelin secured a bronze medal even though he had burnt his hand in a welding accident a few days prior to flying out. Kieron Powell finished in 8th position.

Prior to this the Academy had a split Olympic Trap/Olympic Skeet warm weather training camp 8th-15th November in Malaga.

We are now in the run up towards the Spanish OT GP in mid-January and the High Performance shooters, following a well-deserved rest period are beginning to get itchy fingers so training will start imminently following the Xmas festivities.

Fullbore

Now training indoors on Scatt ready for the spring competitions.

Rifle and Pistol news



All three finalist, Intershoot Rhian and Jesse, Surrey

Richie Lay

Craig coming back to form

- All three ladies made two finals each, with Coral winning Gold and Silver medals. Emily (aged only 13) missed the first final by 1 point and qualified for the next 2 finals, finishing in 7th and 5th at her first "overseas" international.
- Sian Corish is currently shooting in the German Bundesliga Team "Freiheit II" and in her latest outing the team won both matches and with one match to spare have won the league.

Training in Cardiff

- On-going. Rooming increasingly difficult but beginning to manage some attendees with external self-funded accommodation.
- On occasions numbers are reaching challenging levels especially on 10m and likely to increase if more pistol shooters 'come on line' via development sessions. Both disciplines need a structure for attendance.

- Cartridge rifle. Manageable numbers but pressure increasing for a revival of WSRA development to assess potential talent with a view to eventually feeding into the WTSF system. Early days due to:
- Lack of available local non HP range facilities for less established and currently less competent rifle athletes. Tondu approached but there is some internal resistance within the club to non-member usage.
- Lack of coaches willing to commit to month on month organisation and running of events.
- WTSF squad weekend dates have been projected for the next 15 months and have now had confirmation of the facilities booking. The events calendar has been completed and forwarded to those athletes involved.

Disability matters.

Owen Burke. Bodelwyddan, Denbighshire

Owen has been progressing rapidly. Through hard training and constant determination, he is now vying for number one ranking in GBR within his IPC discipline.

He is the only Welsh shooting athlete competing at International/World Class level.

It is expected that he will fill the Paralympic Quota place he won at Fort Benning USA.

He is one of only two GB shooters competing at the difficult "50m rifle" three position male SH1" discipline. Along with the traditional 10m air rifle 10m air rifle standing male SH1

He is dedicated to the Sport and is in the process of moving home from Bodelwyddan, Denbighshire to Stoke Mandeville shooting training Centre to be able to train on a daily basis.

Owen's best performance of 2015 was the IPC Shooting World Cup USA where he made two finals and won a quota place for the 2016 Paralympic Games.

In R1 (10m air rifle standing male SH1) he finished 5th in a World Class field and won a quota place for Rio.

In R7 (50m rifle three position male SH1) he finished 8th in only his second international shoot in what is a competitive and difficult to master event.

His other notable result was a personal best in R1 at the International Shooting Competition Hannover with a score of 616.3 which would have been sufficient for a World Championship finals place in 2014.

On the strength of the above the WTSF has nominated Owen for the:

"Disability Sport Wales Awards 2015 Male Athlete of the Year".

Update from Matt Goodwin latest re Para Clay/IPC shooting:

Below you will find a link to a recent release from the ISSF regarding Para-Clay. You may notice a couple of points that differ from Fitav/IPC updates I have sent earlier; I'm not sure which is more accurate to be honest.

We have heard that a recent presentation held in Munich went very well, and there will be some significant news regarding the future of Para Clay early next year, we will of course keep you posted on the developments.

[https://www.issf-sports.org/getfile.aspx?mod=docf&pane=1&inst=28&iist=40&file=13th ISSF Workshop 2015 - 21 - Para-Clay Target Update.pdf](https://www.issf-sports.org/getfile.aspx?mod=docf&pane=1&inst=28&iist=40&file=13th_ISSF_Workshop_2015_-_21_-_Para-Clay_Target_Update.pdf)

Wm. John Dallimore.

WTSF  Performance Director

